

SO YOU WANT TO BE A SUCCESSFUL STUDENT COUNCIL IN THE
GREAT STATE OF TEXAS.

WELCOME TO TASC. YOUR SOURCE FOR BECOMING JUST THAT.

In this packet you will find various tools to use as you embark on becoming the best council you can be. You will hear various acronyms floating around and sayings that are used everywhere. I hope that this packet helps to clear some of this up.

Let's begin with the most commonly used ones:

- DASH stands for Drugs, Alcohol, Safety, and Health
 - E & E stands for Energy and Environment
 - P & P stands for Pride and Patriotism
 - Teacher App stands for Teacher Appreciation
 - SLW stands for Summer Leadership Workshop
- State Report Forms simply refers to the forms your council can fill out and get recognition for on the state level
- Advisors' Guide refers to the TASC website (www.tasconline.org).

Please keep an open mind and don't be afraid to ask questions. Everyone started as a new advisor and knows exactly what you are thinking.

“WHY THE HECK DID I AGREE TO DO THIS??????”

Good luck and yes, you will survive and still be somewhat sane. 😊

Vicki Long
Deweyville ISD
vlong@deweyvilleisd.com

DASH

Occupant Protection Project Summaries

- 1.) **Airbag and Seatbelt Safety** - The objective of this project is to help children to know that they need to wear seatbelts and to be aware of cars with air bags. Students are given a form from the Texas Department of Health / Safe Riders and the Texas Department of Transportation. The flier gives important information on how seatbelts and air bags save lives.
- 2.) **Be Safe in Your Car** - The objective of this project is to inform students about the importance of buckling up and staying safe in cars. Posters are an attention getter for all students as they have a picture of a sports car on it. The students are drawn to it and would then read the information on it that included tips for buckling up and sitting in the back seat to be safer.
- 3.) **Lifesaver Car Safety** - The objective of this project is to remind student to always buckle up for safety. Notes that read, "Safe a life – Buckle Up" are given out to the student body. The notes each have lifesaver candies on them.

Traffic Safety Project Summaries

- 1.) **Driving Dangers** - The objective of this project is to remind parents about issues they may face when driving and how to handle them. Pamphlets titled, "Driving Dangers" can be obtained through Shell. The students are asked to bring these home to their parents and to ask them to please read them. The pamphlets also give tips on how to avoid road rage.
- 2.) **Cookie Project** - The objective of this project is to remind teachers that it is not safe to eat while driving. Students bring fresh home baked chocolate chip cookies and distributed them to each adult on campus. The cookies are placed on napkins that read, "Be a Smart COOKIE! Don't eat while driving!" This is a cute way to deliver an important message about traffic safety.
- 3.) **Bus Safety** - The objective of this project is to remind students of proper behavior when on a school bus. Coloring sheets remind students of such things as staying seated when the bus is moving and waiting for the bus to come to a complete stop before standing to exit or trying to enter.

Alcohol, Tobacco, and Other Drug Project Summaries

- 1.) **Get The Point** - The objective of this project is to remind students that they should never do drugs that are illegal. Pencils that say, "Don't Do Drugs. Say No. and Say No To Drugs" are ordered and distributed. Each pencil has a tag attached to it that reads, "Get the point – Don't do drugs!"
- 2.) **Don't Get Stuck On Drugs** - The objective of this project is to remind students that they should never do drugs that are illegal. A piece of bubble gum with a tag that reads, "Don't get stuck on drugs" attached to it can be handed out to students.
- 3.) **Don't be a DUM DUM** - The objective of this project is to remind students that they should never do drugs that are illegal. DUM DUM suckers with a note attached that reads, "Don't be a dum dum! Don't do drugs!" can be handed out.
- 4.) **Say No Bookmarks** - The objective of this project is to remind students that they should never do drugs that are illegal. The bookmarks looked like a Texas flags and read, "TEXAS says NO to drugs."

Health Issue Project Summaries

- 1.) **10 Ways to get Your Kids to Eat More Fruits and Vegetables** – The objective of this project is to show parents ways to get their children to eat healthier. Fliers from the USDA are sent home to all families that gave 10 suggestions for getting kids to eat more fruits and vegetables.
- 2.) **Take Time for Teeth** – The objective of this project is to remind parents of the importance of caring for teeth. The fliers can be obtained from the Texas Department of Health and sent home with young elementary students.
- 3.) **Eating Healthy Brochures** – The objective of this project is to offer suggestions to parents whose children were picky eaters. Send home brochures with the younger students that are obtained through the WIC Program and the Texas Department of Health. The brochures gave tips for getting picky eaters to try new healthy foods.

Other Safety Project Summaries

- 1.) **Railroad Safety** – The objective of this project is to remind students and their parents to be safe around railroad tracks. Students are given a railroad-crossing pin to wear home. They were asked to remind their parents to be extra careful when approaching a railroad crossing. These can be obtained by contacting the Railroad Commission.
- 2.) **Shelter in Place** – The objective of this project is to tell what to do if a shelter in place call is made. Students are given a Shelter in Place magnet to take home. The magnet gives 4 rules on what to do if a call for Shelter in Place were needed. The students were taught what Shelter in Place means. These can be obtained by contacting your local fire departments.
- 3.) **Railroad Safety Stickers** – The objective of this project is to teach students at an early age that they should never play around railroad tracks. Students are given a sheet with pictures of various types of railcars. Attached to the sheet of stickers is a card that says, "Stop! Railroads are Dangerous!"

ENERGY PROJECTS

1. **Energy Beads** - The objective of this project is to inform students of the impact of the sun's rays on our skin. A necklace with color changing beads activated when they are in the presence of the sun showed each participant the importance of sunscreen. The resources used are string and ten energy beads.
2. **Don't Dim the World** - The objective of this project is to remind the staff to turn their lights off when leaving the room. The resources used are foam rectangles and computer generated printout, glue and scissors.
3. **Biomass at a Glance** - The objective of this project is to educate the students on the effects of using the energy source, Biomass. The handout gives a variety of information on the product, usage and future of Biomass. The information is retrieved from The NEED Project.
4. **Energy Bird** - The objective of this project is to give the little children a fun way to remember about how important energy is to them and the sun is a supplier of solar energy. Google search to find resources.
5. **Horton and the Energy Star** - The objective of this project is to have a fun way to learn about energy related words by doing a word search. Word searches can be found by google searching.
6. **Yessiree Facts Information** - The objective of this project is to inform students that Texas is the 8th largest in population but uses 12% of the nation's total energy source. Information is found on the internet and a graphic is used for the handout.
7. **Geothermal Energy** - The objective of this project is to make students aware of what geothermal energy is and how it produces energy and the production of and the effects on the economy and the environment.
8. **Howdy Podners!** - The objective of this project is to see how much the E & E committee actually knows about energy resources. A survey is conducted among members. Once the survey is conducted, you see what areas you need to work on. Materials used are the internet for the survey and paper and pens.
9. **History of Wind Energy** - The objective is to educate the students about the importance of alternate sources of power by using wind energy.
10. **Energy Word Search** - The objective of this project is to help the students become aware of energy related words and to put them into their everyday life. The materials used are a handout and pencils.

ENVIRONMENTAL PROJECTS

- 1.) **Pollution** - The objective of this project is to inform students on world pollution and how they can help by putting trash in its place. A glow in the dark lizard is given out attached to an EARTH poem. This will help to target and educate students with environmental information.
- 2.) **Oscar the Grouch** - The objective of this project is to educate the children on saving the environment by putting trash in its place. Each student receives a cartoon of Oscar the Grouch with a piece of candy attached and any environmental message on it.
- 3.) **Did You Know?** - The objective of this project is to remind the students in a fun way to recycle aluminum cans and they are educated on facts about environment issues at the same time. The project uses questions researched and written by student council members.
- 4.) **The Earth is dying** - The objective of this project is to show the students how the Earth is affected in our everyday lives. The materials used were glow in the dark rubber ducks and a poem attached which tells about the Earth's state in an understandable version for younger children.
- 5.) **Aim to Recycle** - The objective of this project is to remind the new teachers and students to recycle. This also lets parents and visitors know that your school recycles while telling them where to recycle. Big targets are put on and around recycle bins.
- 6.) **Soda Monsters** - The objective of this project is to educate the students about recycling. They are given a Soda Monster to color and turn back in so the recycling bins could be decorated with their artwork. The materials used were paper and markers.
- 7.) **Recycling Maze** - The objective of this project is to educate students in a fun way about why it is important to keep our environment clean. Mazes can be found by googling for them on the internet.
- 8.) **Air Pollution Word Search** - The objective of this project is to educate the students about air pollution and how they can help reduce air pollution. Word searches can be found by googling on the internet.
- 9.) **The Environmental Four "R's"** - The objective of this project is to educate the students on the four "R's"; Reduce, reuse, recycle, and rebuy. Materials can be obtained by contacting the Texas Natural Resource Conservation Committee.
- 10.) **What is Global Warming?** - The objective of this project is to educate the students and raise awareness of global warming. Students are given an informational article and then questions about the article.

Pride and Patriotism

1.) **Model Middle school elections after “real world” elections**

Interested members who would like to run for office need to apply for an office and give a speech to the student body. Elections are carried out through the middle school classes. The offices available are vary on each campus but can include but not be limited to: president, vice president, secretary, treasurer, and historian. Representatives are elected for each grade as well.

2.) **Hold a patriotic project**

The students can make and send Christmas cards for the soldiers overseas.

3.) **National Holiday Announcements**

You can make announcements to the student body about each of the holidays listed and many others that you can find. Points are given for each announcement.

Labor Day	Columbus Day	Election Day	Veteran’s Day	Thanksgiving Day
Christmas	New Years Day	MLK Day	Presidents Day	

4.) **National Holidays Programs/Projects**

Veterans Day Programs - Present to the school and opened to the community. Suggestions include having a guest speaker which can be a State Representative, a local veteran, or anyone of interest. Have the school choir or music classes sing patriotic songs such as “God Bless America”, and the P&P committee present the National Prayer and various readings. The Veterans that are in attendance are invited to participate in a “Roll Call” and come forward and say their name, what branch of service they served in and where they were stationed.

Christmas Program – This can be a fun project where council members put on a program and sing Christmas carols with the students.

5.) **Multi-cultural Project announcements**

You can make announcements to the student body about each of the holidays listed and many others that you can find. Points are given for each announcement.

St. Patrick’s Day	Mardi Gras	Black History	Cinco de Mayo
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6.) **Multi-cultural Projects**

Christmas Around the World – This is a program that the Student Council can easily assist in. Each teacher takes a day and celebrates a different cultural or country. The Student Council members assist with the various activities with the teachers.

Mardi Gras Parade the younger students hold a Hall Mardi Gras Parade with the assistance of the Student Council.

7.) **Special projects**

American coloring flag - Students are given an American Flag color sheet to color and keep to help them remember the troops that our serving our country on their behalf.

Be a “SMARTEE” Support our troops – Students are given a paper message with a Smartee attached. This is a tasty way to remember to support our troops that our serving our country.

The History of Veterans Day - The objective of this project is to educate students on the history of Veterans Day.

Think Pink -This project is done during Breast Cancer Awareness Week. The entire school is encouraged to dress in a pink shirt for one day. The day is called, “Think Pink”.

8.) **School Pride**

Interclass competition At each Pep Rally we award the spirit award to the grade with the most school spirit. This not only recognizes school spirit but class pride also.

9.) **Other**

Adopt a Street - In cooperation with your local city you can adopt a street in front of your school or close to your school. You are then responsible for keeping it clean.

100th Day - 100th Day Celebration project involves the entire school participating in the 100th day events. Each class donates 100 items of their choice. All of the classes use this project to help service the community. Examples include: 100 cans of food collected and donated to the food bank, over 100 pounds of cat and dog food collected and donated to the animal shelter. 100 Valentines were made for the nursing homes, 100 valentines and packs of gum were sent to the soldiers in Iraq, and 100 chocolate chip cookies were sent to the fire stations.

10.) **Individual Pride**

Heart Tattoos - This project uses red, white, and blue heart tattoos. This encourages individual pride in patriotism.

Positive Medals - The teachers were instructed to give a positive medal to students who did a good job. In turn, the other children would do a good job also and receive a medal boosting their self esteem.

11.) **Faculty and Staff pride projects**

Teachers Pet Contest - This project is a wonderful event that the teachers were involved in. Each teacher is asked to send a picture of their pet. All pictures were posted for the entire school to see. The pets could be voted on by the entire school. The voting for the contest was by making a cash donation of any size. The teacher whose pet had the most votes received a movie party. The money raised is then donated to the Animal Shelter.

PMS Bags - The PMS bags are liked by all of the staff. The bags include; **Popcorn**, **Munchies**, and **Soda**. It was a fun way to appreciate the teachers and can be given as a kick off to TAKS Week.

We Love Our Teachers Sign - This project can be done anytime. It reaches the entire community. The words, "We Love Our Teachers" are put on the fence with cups. Not only could the teachers see that they are loved but the surrounding community also.

12.) **Character education projects**

God Bless America Bookmark - God Bless America bookmarks were given to all classes. This project was an encouragement for each student to remain patriotic to their country.

My Hero Coloring Contest - Each student has the opportunity to pick the hero page they want to color and it was then submitted into the contest. The top 4 color pages were displayed for all to see and they received ribbons. This project was to help students see firefighters and police officers as heroes.

Be a Bookworm and dig into books - This project was to inspire students to read more so than can learn more. The materials used are a sticky worm and it is attached to the message.

13.) **Other pride projects**

Patriotic pens - Red, white, and blue pens can be given to each class. It is a handy useful reminder about being patriotic.

Committee: _____

Completed Project Report Form

(To be completed immediately after a project is finished.)

Date of Project: _____

Committee: _____

Title of Project: _____

Objective of Project (Why was the project done?):

To:

Grades reached by Project: (Please circle the area you gave project to.)

PK-3 PK-4 Kinder 1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10th 11th 12th
STAFF ALL SCHOOL

Supplies used:

Give a detailed description of the project. This needs to be written in paragraph form using the information you supplied at the top and any additional information you feel is necessary to obtain credit for doing the project. An example or picture of the project must be attached in order for you to get credit for this project.

Committee Chair signature saying that this project has been successfully completed: _____

Committee Calendar Days Useful for Student Council

September

Labor Day Suicide Prevention Week International Literacy Day
Citizenship Day Constitution Week Family Health and Fitness Day

October

National AIDS awareness Month Domestic Violence Awareness Month
National Breast Cancer Awareness Month Health Literacy Month
Healthy Lung Month Lupus Awareness Month Adopt a Pet Shelter Month
Boss' Day National Child Health Day Mental Illness Awareness Week
National Fire Prevention Week World Mental Health Day
National Depression Screening Day America's Safe Schools Week
World Food Day Take Back Your Time Day Red Ribbon Week
Pray For the Children Week National Collegiate Alcohol Awareness Week
Character Counts Week National School Bus Safety Week Make a Difference Day Halloween

November

National Child Mental Health month American Diabetes Month
Great American Smokeout Month Lung Cancer Awareness Month
Chemical Health Week World Kindness Week Veterans Day
World Kindness Day National Family Week Great American Smokeout

December

National Drunk and Drugged Driving Prevention Month World AIDS Day
International Volunteer Day National Hand Washing Awareness Week Bill of Rights Day

January

Family Fit lifestyle Month Volunteer Blood Donor Month Alzheimer's Awareness Month
National Blood Donor Month School Board Appreciation Month World Braille Day
Healthy Weight Week

February

American Heart Month Cancer Prevention Month Cervical Health Awareness Month
National Children's Dental Health Month "Give Kids a Smile" Day Groundhog Day
National School Counseling Week National Donor Day Disability Day
Eating Disorders Awareness Week

March

Colorectal Awareness Month National Nutrition Month Women's History Month
Red Cross Month Read Across America National Sleep Awareness Week
National Collegiate Health and Wellness Week KICK 'BUTTS' DAY

April

Alcohol Awareness Month Counseling Awareness Month National Child Abuse Prevention Month
Arbor Day National Alcohol Screening Day World Health Day National Volunteer Week
National Tire Safety Week National Student Leadership Week EARTH day

May

Asthma and Allergy Awareness Month National Bike Month Better Sleep Month
Clean Air Month National High Blood Pressure Awareness Month
National Melanoma/Skin Cancer Detection and Prevention Month
National Physical Fitness and Sports Month Mental Health Month National PE & Sports Week
Teacher Appreciation Week National Teacher Day National School Nurse Day
Alcohol and other Drug-Related Birth Defects Week BUCKLE UP AMERICA World No Tobacco Day