



TEXAS ASSOCIATION OF STUDENT COUNCILS
TASC TOP PROJECTS COMPETITION

☒ High School

☐ Middle Level

ENTRY COVER SHEET

PLEASE INDICATE:

THIS IS AN INDIVIDUAL COUNCIL PROJECT. ☒

THIS IS A COLLABORATIVE COUNCIL PROJECT. ☐

School Name submitting the application	School Address:
Americas High School	12101 Pellicano Dr.
School City/State/Zip:	Size of Community(ies):
El Paso, Texas, 79936	678,415
Advisor Name:	Advisor E-Mail:
Lorraine Varela	lvarela03@sisd.net
Principal Name:	Principal Signature & Email Address
Nancy Torres	ntorres02@sisd.net
School UIL Classification:	<i>N. Torres</i>
6A	
Project Name:	Project Dates:
A Healthy Easter Egg Hunt	April 19-22, 2022
Total Number of Students in Council(s):	Number of Members Involved in Project:
150	20
Total Number of Students Enrolled in School(s):	Number of Other Students Involved in Project:
2,500+	N/A
Total Number of Faculty employed in School(s):	Number of Faculty Involved in Project:
250+	250+
Number of Community Groups Involved in Project	Number of Community Members Involved in Project
N/A	N/A

THIS INFORMATION MUST BE SUBMITTED ONLINE. THE TASC WEBSITE DOES NOT ACCEPT GOOGLE DOCS.

This application must be submitted online via the TASC website.
Upload photos, newspaper articles, etc. **Scan all pages into one document and upload for judging.**
Please upload one good jpeg of the project separately.

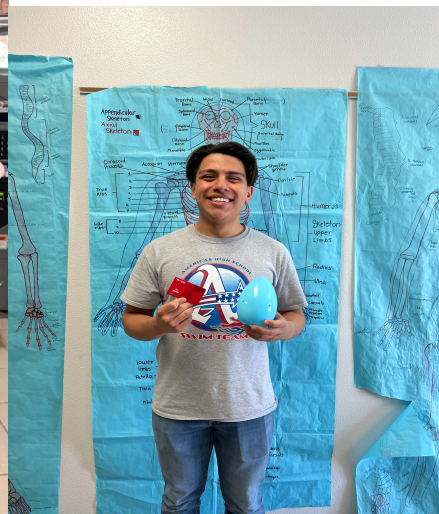
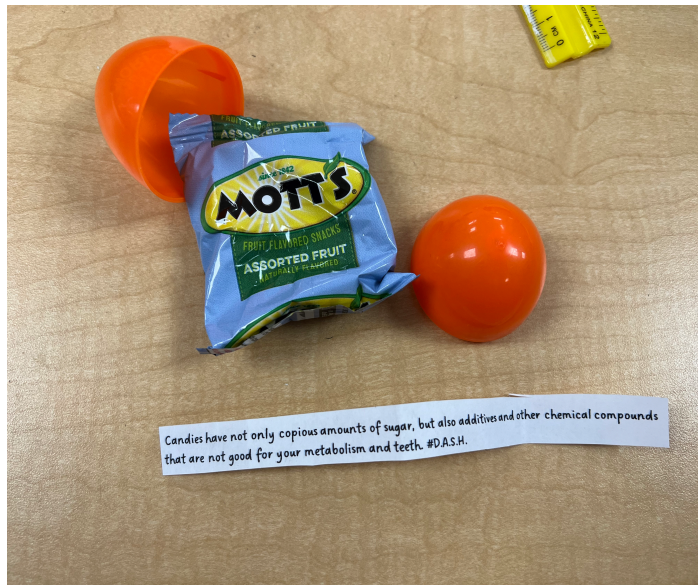
Title: A Healthy Easter Egg Hunt

Purpose and Objective: To promote school spirit by orchestrating a school-wide easter egg hunt and encourage healthy habits by bringing awareness to the harmful amounts of sugar and chemicals found in candies.

Brief Description: During the week of April 19-22 of 2022, Americas High School Student Council D.A.S.H and Pride and Patriotism Committee orchestrated our first annual campus-wide easter egg hunt for the week. Students and faculty were informed via social media to search for a large plastic golden egg each day throughout the week. The golden egg included a ticket which were to be redeemed with Student Council for free prizes such as gift cards from clothing stores and restaurants, cash, and other goods. As alternatives, regular easter eggs with awareness facts about the harmful amounts of sugar in candies and fruit gummies inside, were hidden around campus by our student council officers afterschool. Some of the facts inside the eggs included: “Candies have not only copious amounts of sugar, but also additives and other chemical compounds that are not good for your metabolism and teeth #DASH.” Students and faculty were strictly advised to only seek for the plastic eggs throughout the day: before school, during lunchtime, and in-between class transitions. As each winner declared their prize, with their discretion, a short video with their name, grade, and picture with the prize was posted to encourage increased participation in the following days.

Description of Involvement: The basis of “A Healthy Easter Egg Hunt” project served to create a unitized and positive environment on campus by bringing together all our clubs and organizations, students, faculty, and staff in a fun easter egg hunt challenge. Students would anticipatedly work together to seek for the plastic easter eggs, and faculty as well would

encourage their students to seek eggs for them, which brought high levels of participation and excitement on campus.



Americas High School



February 2023

To Whom It May Concern,

My name is Hilda Tomas, a teacher at Americas High School. I am writing this letter to support my student council as they present their top ten project for the 2022-2023 school year.

During the week of April 19-22 of 2022, the Student Council Pride and Patriotism, along with the Drugs, Alcohol, Safety, and Health committee, orchestrated "A Healthy Easter Egg Hunt" to promote school spirit and encourage healthy habits. On Monday, Tuesday, Wednesday, and Thursday of this week, student body officers planted one prearranged plastic easter egg with a small candy and health fact in a discrete area on school grounds. The health facts encouraged participating students to engage in healthy habits that would improve their physical and mental wellbeing.

Some health facts students may have found in their plastic egg included: "It is recommended to drink 8 glasses, or about half a gallon of water, a day to prevent dehydration and maintain efficient physical and mental function", and "Using a seatbelt reduces the risk of death by 45% and risk of serious injury by 50%". To conclude the week-long activity, on Friday, April 22, the student body officers hid a large plastic golden egg with a similar safety and health fact. The officers encouraged the first to find the egg to redeem a basket of sweets.

Not only did this project encourage self-care and advantageous lifestyles, but also school spirit among the student body. Days prior to the project, the student body officers promoted participation by posting social media ads on the official Student Council Instagram and Twitter accounts. As each winner declared their prize, with their discretion, a short video with their name, grade, and picture with the prize was posted to encourage further participation in the following days. Although students were strictly advised to only seek the plastic eggs before school and during lunch, these healthy egg hunts brought one of the highest levels of participation and excitement I had witnessed all year. This was an original project imagined and implemented for the first time at our campus and will turn into an annual activity. As spring reapproaches, I have experienced much anticipation from the student body and look forward to witnessing refinements made to the project.

Sincerely,

A handwritten signature in black ink, appearing to read 'Hilda Thomas', is written over a white rectangular area.

Hilda Thomas
Americas High School

Socorro Independent
12101 Pellicano Drive El Paso, TX 79936-4400
915-937-2800 Fax 915-855-6898

The Socorro Independent School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs, activities or employment.